

SUSESO/ISTAS 21 Questionnaire

Short Version

The questionnaire contains 25 questions. Only **one answer** has to be marked with an **X** for each question. You must **answer all of the questions**. Remember that there are no right or wrong answers. Your answers will be treated with absolute confidentiality.

I. General demographic and labor data

Demographic data

A1. Gender

| | |
|-----------|--|
| a) Male | |
| b) Female | |

A2. How old are you?

| | |
|--------------------------------|--|
| a) Less than 26 years old | |
| b) Between 26 and 35 years old | |
| c) Between 36 and 45 years old | |
| d) Between 46 and 55 years old | |
| e) More than 55 years old | |

Characterization of your current job.

A3. In what geographical unit do you work? (Branch, floor, workplace, etc.).

| | | |
|---|--|--|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |

A4. At what level of responsibility do you belong? (Operator, professional, technician, administrative officer, etc.)

| | | |
|---|--|--|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |

A5. In which department, unit or section do you work?

| | | |
|---|--|--|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |

II. Psychosocial Risk

| Psychological Demands Dimension | | Always | Often | Sometimes | Seldom | Never/ hardly ever |
|---|--|--------|-------|-----------|--------|-----------------------|
| 1 | How often can you take it easy and still do your work? | | | | | |
| 2 | Does your work require you to make difficult decisions? | | | | | |
| 3 | Is your work emotionally demanding? | | | | | |
| 4 | Does your work require that you hide your feelings? | | | | | |
| 5 | Does your work demand your constant attention? | | | | | |
| Active Labor and Skills Development Dimension | | Always | Often | Sometimes | Seldom | Never/ hardly ever |
| 6 | Can you influence the amount of work assigned to you? | | | | | |
| 7 | Can you leave your work to chat with a colleague? | | | | | |
| 8 | Do you have the opportunity to learn new things through your work? | | | | | |
| 9 | Do you feel that the work you do is important? | | | | | |
| 10 | Do you feel that your workplace is of great personal importance to you? | | | | | |
| Social Support and Leadership Quality Dimension | | Always | Often | Sometimes | Seldom | Never/ hardly ever |
| 11 | Do you know exactly what is expected of you at work? | | | | | |
| 12 | Do you sometimes have to do things which ought to have been done in a different way? | | | | | |
| 13 | How often do you get help and support from your immediate supervisor? | | | | | |
| 14 | How often do you get help and support from your colleagues? | | | | | |
| 15 | To what extent would you say that your immediate superior is good at solving conflicts? | | | | | |
| Compensation Dimension | | Always | Often | Sometimes | Seldom | Never/ hardly ever |
| 16 | Are you worried about becoming unemployed? | | | | | |
| 17 | Are you worried about being transferred to another job against your will? | | | | | |
| 18 | My superiors give me the recognition I deserve. | | | | | |
| Double Presence Dimension | | Always | Often | Sometimes | Seldom | Never/ hardly ever |
| 19 | When you are at work, do you think about your domestic and family requirements? | | | | | |
| 20 | Are there situations when you should be at work and at home at the same time? (E.g., to take care of a sick son, because a relative has had an accident, to care for grandparents, etc.) | | | | | |